## St Bernadette's

## Weekly Activity Calendar

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00am	• Rosary	<ul> <li>Sensory activities</li> </ul>	Movement to     music	• Cafe	Ribbon     exercises		
11:00am	• Quiz time	<ul> <li>Physio exercises</li> </ul>	<ul> <li>Sensory group</li> </ul>	<ul> <li>Sing-a-long</li> </ul>	• Craft		
1:30pm	• Bingo	Pampering	Gardening club	<ul> <li>Sound bingo</li> </ul>	Live stream     concert	Sensory group	<ul> <li>Movies and music</li> </ul>
	<ul> <li>Floor games</li> </ul>	<ul> <li>Famous faces bingo</li> </ul>	• Bowling	Residents     meeting	<ul> <li>Happy hour</li> </ul>	• Grandparent quiz	Cooking
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4:00pm	<ul> <li>Individual activities</li> </ul>	• Trivia and quiz	• Trivia and quiz				

Activity programs are subject to change.



