St Bernadette's

Weekly Activity Calendar

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00am	• Rosary	 Sensory activities 	Movement to music	• Cafe	Ribbon exercises		
11:00am	• Quiz time	 Physio exercises 	 Sensory group 	 Sing-a-long 	• Craft		
1:30pm	• Bingo	Pampering	Gardening club	 Sound bingo 	Live stream concert	Sensory group	 Movies and music
	 Floor games 	 Famous faces bingo 	• Bowling	Residents meeting	 Happy hour 	• Grandparent quiz	Cooking
			1				1
4:00pm	 Individual activities 	• Trivia and quiz	• Trivia and quiz				

Activity programs are subject to change.



