

Star of the Sea

Weekly Activity Calendar

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30am	• Exercise group	• Morning walk	• Rosary	• Individual support	• Morning walk		
10:30am	• Coffee club	• Bingo	• Gentle exercise	• Feed ducks in the local pond	• Story telling		
1:30pm	• Arts and Crafts group	• Carpet Bowls	• BBQ lunch	• Hot chocolate day at the cafe	• Bingo		
	• Garden walk	• 1:1 resident care	• Knitting group	• Arts and crafts			
4:00pm	• Nail salon	• Movie time	• Bingo	• Bingo	• Happy Hour		
						• Watch the AFL Grand Final	

Activity programs are subject to change.