Providence

Weekly Activity Calendar

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30am	 Flower arranging 	 Housekeeping (folding linen etc) 	 Walking group 	 Today in history/news of the day 	 Gentle exercises 	 Housekeeping (folding linen etc) 	 Catholic Mass Channel 44
11:30am	Gentle exercises	 Walking group 	 Knit and natter 	 Card games 	 Ecumenical service 	 Walking group 	
1:30pm	 World games 	 Card games 	 World games 	• Bingo	Name that tune	• Bingo	
	Movie Matinee: E.T	 Choral Evensong - Channel 44 	Craft group	 Table talk 			
	Lunch						
3:30pm	 Sensory session 	• Bingo	 Prayer group 	 Read the local papers 	 Happy hour 	 Cooking: rumballs 	 Classic DVD: Petticoat Junction
		 In the garden 	Comedy DVD				

Activity programs are subject to change.



