

# Bundoora

## Weekly Activity Calendar

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30am	• Fitness group	• Mobile shopping	• Mindfulness colouring	• Arts and Crafts	• Walking group		
11:30am	• Online Mass	• Online Mass	• Online Mass	• Online Mass	• Online Mass		
1:30pm	• Afternoon movie	• Memory club	• BBQ lunch	• Resident meeting	• Bingo		
	• Bingo	• Sensory relaxation	• Family video/ phone calls		• Sensory group		
3:30pm	• Individual visits and support	• Individual visits and support	• Individual visits and support	• Individual visits and support	• Individual visits and support		

Activity programs are subject to change.