

# Berwick

## Weekly Activity Calendar

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:30am	• Rosary	• Creative colouring	• Pastoral visits	• Music to lift your spirits			
11:00am	• Gentle chair exercises	• Rosary in the Chapel	• Active games	• Chair yoga	• Bingo	• Relax and have coffee with a friend	
1:30pm	• Quiz quandary	• Montessori meeting	• Sing-a-long on TV	• Happy hour	• David Attenborough documentary		• Relax and have coffee with a friend
	• Conversations of life group	• Coffee club			• Watch the AFL Grand Final parade		
4:00pm	• Mini mobile mart	• Bingo	• Quiz quandary	• Mini mobile mart	• Celebrate October birthdays	• Relax and have coffee with a friend	

Activity programs are subject to change.