



Carer Support

Now there's support that really considers my needs.

Maintaining independence and quality of life

Our support program is especially for you, a carer.

As a carer, you're a bit of a hero. What you do on a daily basis, while rewarding, is definitely challenging. And what you do can impact on your physical and emotional wellbeing.

That's where we come in.

We want to ensure that you can continue to care while maintaining your health and wellbeing. We're responsive to your individual needs and focused on your wellbeing.

We're here for you

When you come to us, we'll discuss your situation so we can identify what the best support options are and which ones you prefer.

Some of the support services we offer include:

- Personal care
- Home care services like meal preparation
- Flexible respite that's in your own home or out in the community
- Support in an unexpected situation.

When we say we're here to support you as a carer, we mean it. That's why we also offer special events, carer wellbeing activities, education and referrals to long term support services. We're also your advocate.



VMCH acknowledges the support of the Victorian Government.



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Carer Support

When it comes to helping you feel supported, we've got you covered.

Here at VMCH, our services are as diverse as the people we support.

Our values underpin the work we do. As a Catholic not for profit organisation, compassion, respect and inclusion aren't just words to us, they guide us in everything we do.

While we've been around for over a century, we're always moving forward. We stay true to who we are by supporting people and families to live their best lives, providing a place to call home and spaces to learn and grow.

Our professional and compassionate teams are with you on your life journey. We provide a wide range of support from early learning and therapy, specialist education, disability services, affordable homes, residential aged care, retirement living and at-home aged care.

So, how can you join us?

We're here for people who live in Melbourne's eastern region and care for a person with needs including mental illness, dementia, disability, chronic condition or illness, older people with care needs and people in palliative care.

Our program is available to carers living in the local areas of Knox, Yarra Ranges, Whitehorse, Maroondah, Manningham, Monash and Boroondara.

As a Catholic organisation, VMCH is committed to providing compassionate care in a nurturing environment to all residents and clients. VMCH does not support and will not facilitate Voluntary Assisted Dying.

Disclaimer: The information in this brochure has been prepared by VMCH (Villa Maria Catholic Homes) as a general guide to our services and operations. While every effort has been made to ensure accuracy, VMCH accepts no responsibility for any loss or inconvenience caused by reliance on the information set out in this brochure. Please contact us if you require detailed information about any of our services. July 2020

The logo for VMCH (Villa Maria Catholic Homes) consists of the letters 'VMCH' in a bold, orange, sans-serif font. The 'V' and 'M' are connected, and the 'C' and 'H' are also connected.